

## Small Orthopaedic Palm Handle Cane

Product Code: RCN1101LBL Left Hand Black  
RCN1101LBR Left Hand Bronze

RCN1101RBL Right Hand Black  
RCN1101RBR Right Hand Bronze

The Small Orthopaedic Palm Handle Cane has a moulded plastic handgrip that conforms to the shape of your hand, evenly spreading pressure across the palm.

The cane is push button height adjustable, and has a locking ring for added safety.

These canes are available in Black or Bronze and are specific to the Left or Right hand.

### Features

- Plastic moulded handgrip
- Height adjustable in 25mm (1") increments
- Constructed with 22mm anodised aluminium
- Secured with locking ring for added safety
- Non-slip rubber tips (with metal inserts) ensure a secure grip
- 12 months warranty (conditions apply)
- Supplied fully assembled

### Specifications

Handle Height: 76cm to 99cm

Weight Capacity: 114kg

Cane Weight: 350gm



Replacement 19mm Cane Tips. Available in black, bronze or grey (product code RTIP107).

## Measuring a Cane

To find the appropriate handle height:

- Put on your usual walking shoes.
- Stand upright with your arms at your side with a normal relaxed bend in your elbow.
- The cane needs to be adjusted so the top of the handle equals the position of the wrist joint.

This is a general measurement guide. Certain users may have specific conditions that will require them to have the cane at a different height. Each individual should always consult with their doctor or therapist to determine proper adjustment and usage.

## Cane Height Adjustment

Depending on the type of cane you have, there will be either a locking collar or locking knob to secure the cane height.

To adjust the cane height:

- Turn the locking collar (or knob) counter clockwise to loosen.
- Depress the brass snap button and slide the extension leg up or down to adjust to your required height.
- Ensure that the snap button is fully protruding through the height adjustment hole for your desired height. An audible 'click' will be heard when the snap button has securely locked in the hole.
- Turn the locking collar (or knob) in a clockwise motion to secure the cane.



## Using a Cane

- Generally, walking sticks are held in the hand opposite to the injured or affected leg, however in some circumstances it may be appropriate to use the cane on the affected side.
- When walking, the cane should be placed forward at the same time as the affected leg is moved forward, the unaffected leg then following.
- Keep the cane away from your feet to avoid tripping.
- Going up stairs: Place the unaffected leg forward first, followed by the cane and affected leg.
- Going down stairs: The affected leg and cane should be lowered first followed by the unaffected leg on the same step.

## Care and Maintenance

The following should be checked periodically:

- Ensure the locking knob is securely tightened.
- Check the cane tips for wear and tear.
- Check the handle to ensure it is attached securely.

## Warranty

- Pharmaquip Healthcare offers a one year conditional warranty on its canes.
- Pharmaquip Healthcare warrants its products to be free from defects in material and workmanship.
- Pharmaquip Healthcare will repair or replace any part, provided the product is delivered, pre-paid, to a location authorised by Pharmaquip Healthcare within the prescribed period.
- This warranty does not include parts subject to wear and tear.
- This warranty does not cover damage by misuse, neglect, accident or improper use.
- Warranties issued by Pharmaquip Healthcare will be limited to repair or replacement of the defective product.
- Pharmaquip Healthcare will not be liable for any consequential or incidental damages whatsoever.
- This product is intended to be an aid for walking, Pharmaquip Healthcare will not be liable for any improper use.