

Underarm Crutches

Product Code: RCR101 Tall Adult
 RCR102 Adult
 RCR103 Youth
 RCR104 Child



- Made of a lightweight anodized aluminium, they are height adjustable and have an easy to read height scale to enable quick adjustment.
- Suitable for someone who weighs up to 114kg.
- Supplied with underarm pads, hand grips and rubber tips, no assembly is required.
- A reinforced centre tube provides more load bearing strength.
- Hand grips are height adjustable.
- 12 months warranty (conditions apply).

Specifications

Product Code	Patient Height (highest)	Patient Height (lowest)	Underarm to Floor (highest setting)	Underarm to Floor (lowest setting)	Product Weight (Pr)	Weight Capacity
RCR101	198cm (6'6")	177cm (5'10")	154cm	133cm	2.2kg	114kg
RCR102	177cm (5'10')	157cm (5'2")	134cm	113cm	2.1kg	114kg
RCR103	157cm (5'2")	137cm (4'6")	114cm	94cm	1.9kg	114kg
RCR104	137cm(4'6")	122cm(4')	94cm	79cm	1.7kg	114kg



Replacement Tips
RACR101



Replacement Underarm Pads
RACR102



Replacement Hand Grips
RACR103



Optional Heavy Duty Crutch Tips
RTIP101

Fitting Underarm Crutches

- To adjust the crutch height, stand erect, looking straight ahead with shoulders squared. It's preferable to be wearing a pair of everyday shoes when taking these measurements.
- Place the crutch tip 10 to 15cm forward of the toes and the same distance out to the side.
- Then adjust the height so that the crutch underarm pad sits approximately 5cm under the armpit.
- The hand grip position needs to be adjusted to provide an approximately 20 to 30 degree bend in the elbow.

Walking with Crutches

- Use the hand grips for support, not your armpits. The underarm pads should be pressed against your chest wall, not high under the armpits.
- Before walking, ensure that you are standing straight and balanced with the injured leg bent slightly.
- The crutch tips should be slightly in front and out to the side.
- With both crutches out in front of your body, swing your good leg forward.
- Balance your weight on your hands and push down on the crutch handle.
- All weight is then supported by the crutches while the strong leg is swung forward to a point up to or just past the crutches.

Care and Maintenance

- Check crutch tips are securely attached and not worn.
- Make sure that crutch heights are evenly matched.
- Check that the push buttons for the height adjustment have snapped into position.
- Ensure the wing nut that secures the handgrip is tight.
- Regularly check crutches for cracks or damage.
- Use caution when using crutches on wet or uneven ground.
- Regularly clean with warm soapy water. For tougher stains use a light cream cleanser.

Warranty

- Pharmaquip Healthcare offers a one year conditional warranty for domestic use of this product.
- If this product is used for commercial purposes (for example, hire), the warranty period is limited to 6 months.
- Pharmaquip Healthcare warrants its products to be free from defects in material and workmanship.
- Pharmaquip Healthcare will repair or replace any part, provided the product is delivered, pre-paid, to a location authorised by Pharmaquip Healthcare within the prescribed period.
- This warranty does not include parts subject to wear and tear.
- This warranty does not cover damage caused by misuse, neglect, accident or improper use.
- Warranties issued by Pharmaquip Healthcare will be limited to repair or replacement of the defective product.
- Pharmaquip Healthcare will not be liable for any consequential or incidental damages whatsoever.
- This product is intended to be an aid for walking and mobility. Pharmaquip Healthcare will not be liable for any other improper use.