

Forearm Crutches Ergonomic Handgrip

Product Code: RCR501 Tall Adult
 RCR502 Adult
 RCR503 Youth

- These forearm crutches are made from aluminium and will support a weight of 100kg.
- This model has moulded handgrips which conform to the shape of the hand and may provide a more comfortable grip for some patients.
- They are double adjustable: the lower part of the crutch can be adjusted to suit the hand height, and the distance between the plastic cuff and the hand grip can also be adjusted.
- Sold as a pair, they are supplied fully assembled.
- They have a 12 months warranty (conditions apply).



Specifications

Product Code	*Suit Patient Height (highest)	*Suit Patient Height (lowest)	Handle Height (highest)	Handle Height (lowest)	Cuff Height (highest)	Cuff Height (lowest)	Product Weight (Pair)	Weight Capacity
RCR501	198cm (6'6")	175cm (5'9")	108cm	85cm	31cm	24cm	1.9kg	100kg
RCR502	175cm (5'9")	152cm (5'0")	100cm	78cm	31cm	24cm	1.9kg	100kg
RCR503	152cm (5'0")	131cm (4'4")	95cm	73cm	31cm	24cm	1.9kg	100kg

* Patient Heights are to be used as a guide



Replacement Tips
RACR100



Forearm Cuff
and Stem-Vinyl
SCR210

Fitting Forearm Crutches

- Standing upright, with your shoulders squared, adjust the hand grip of the crutch to the crease of your wrist.
- If the height is properly set, your elbows should be slightly bent.
- Adjust the cuff of the crutch to a point where it is approximately 5cm below the bend in the elbow.
- Once the height has been adjusted, tighten the collars at the base of the crutch and on the stem of the cuff.

Walking with Crutches

- Use the hand grips for support.
- Before walking, ensure that you are standing straight and balanced with the injured leg bent slightly.
- The crutch tips should be slightly in front and out to the side.
- With both crutches out in front of your body, swing your good leg forward.
- Balance your weight on your hands and push down on the crutch handle.
- All weight is then supported by the crutches while the strong leg is swung forward to a point up to or just past the crutches.

Care and Maintenance

- Ensure all locking collars are tightened.
- Check crutch tips are securely attached and not worn.
- Make sure that crutch heights are evenly matched.
- Check that the push buttons for the height adjustment have snapped into position.
- Regularly check crutches for cracks and damage.

Warranty

- Pharmaquip Healthcare offers a one year conditional warranty for domestic use of this product.
- If this product is used for commercial purposes (for example, hire), the warranty period is limited to 6 months.
- Pharmaquip Healthcare warrants its products to be free from defects in material and workmanship.
- Pharmaquip Healthcare will repair or replace any part, provided the product is delivered, pre-paid, to a location authorised by Pharmaquip Healthcare within the prescribed period.
- This warranty does not include parts subject to wear and tear.
- This warranty does not cover damage caused by misuse, neglect, accident or improper use.
- Warranties issued by Pharmaquip Healthcare will be limited to repair or replacement of the defective product.
- Pharmaquip Healthcare will not be liable for any consequential or incidental damages whatsoever.
- This product is intended to be an aid for walking and mobility. Pharmaquip Healthcare will not be liable for any other improper use.